

Ethics of Psychotherapy.


Psychotherapy, when administered to psychiatric and other patients is a medical treatment. Medical treatments of any nature should be administered under the provisions of general, good practice rules regarding their indications, effectiveness, ^{outcomes,} safety and quality control. The psychiatrist, or any other clinician responsible of ~~the~~ a patient, is ~~the~~ ^{responsible} has to assure that these rules are fully applied, and therefore, has to set the indication of psychotherapy and follow its development. (A)

~~In a specific sense~~ Psychotherapy comprises techniques involving verbal and non-verbal communication and interaction to achieve specified treatments goals in the care of mental disorders. (B)

Psychiatrists and other professionals (i.e. clinical psychologists) providing specific forms of psychotherapy must have appropriate training in such techniques.

The effectiveness of psychotherapy and its place in a treatment plan are important subjects for both researchers and clinicians.

Psychotherapy brings into medicine complex cultural, spiritual and personal issues, therefore ~~the ethical~~ ~~behaviour of the therapist~~ the highest ethical behaviour of the therapist is to be expected.

Ⓐ In this context ~~it is~~ ^{the} essential ~~for~~ notion is that the diagnosis leading to the indication of a treatment are medical acts, ~~which~~ ^{are} performed to take care of ~~expresso~~ an ill person. To carry ~~out~~ a therapy, the evaluation of the personality may be necessary, as indicated by the  clinician responsible of the patient. This two levels of decisions and responsibilities are similar to other situations in clinical medicine.

Ⓑ Although very often, and in a broad sense, psychotherapy is considered as an accepted component of many medical interventions and as an implicit part of the majority of physician-patient contacts, this is not the meaning in the context of this declaration.

20,15
21,05
22,05

16

domingo 20 IB-Nea

spaner